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--JOURNAL ARTICLES--

Effects of resistance- and flexibility-exercise interventions on balance and related measures in older adults.

Marie-Louise Bird, Keith D. Hill, Madeleine Ball, Andrew D. Williams

Journal of Aging & Physical Activity. 2009 Oct; 17(4): 444-454.

<http://hk.humankinetics.com/japa/viewarticle.cfm?jid=dt6Zma4mxq4Qc8Gfbj8Ac27suc2K6GLnyq7HFZ6tcf6NN6Lnr&aid=17478>

The Veterans Learning to Improve Fitness and Function in Elders Study: a randomized trial of primary care-based physical activity counseling for older men.

Miriam C. Morey et al.

Journal of the American Geriatrics Society. 2009 Jul; 57(7): 1166-1174.

<http://www3.interscience.wiley.com/journal/122380329/abstract>

An outpatient multifactorial falls prevention intervention does not reduce falls in high-risk elderly Danes.

Ane B. Vind, Hanne E. Andersen, Kirsten D. Pedersen, Torben Jørgensen, Peter Schwarz

Journal of the American Geriatrics Society. 2009 Jun; 57(6): 971-977.

<http://www3.interscience.wiley.com/journal/122400863/abstract>

Life course vaccination and healthy aging.

Gusmano MK; Michel J.

Aging Clinical & Experimental Research. 2009 Jun; 21(3): 258-263.

<http://www.kurtis.it/aging/en/abstract.cfm/6397/Life%20course%20vaccination%20and%20healthy%20aging>