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--JOURNAL ARTICLES--

Impact of a community-based falls prevention program on maintenance of physical activity among older adults.

Laforest S, Pelletier A, Gauvin L, Robitaille Y, Fournier M, Corriveau H, Filiatrault J. J Aging Health. 2009 Jun; 21(3): 480-500.

<http://www.ncbi.nlm.nih.gov/pubmed/19318607>

Staying active, staying strong: Pilot evaluation of a once-weekly, community-based strength training program for older adults.

Bates A, Donaldson A, Lloyd B, Castell S, Krolik P, Coleman R. Health Promot J Austr. 2009 Apr; 20(1): 42-47.

<http://www.ncbi.nlm.nih.gov/pubmed/19402815>

E-health for older people: The use of technology in health promotion.

Tse, Mimi M. Y.; Choi, Kim C. Y.; Leung, Rincy S. W.

CyberPsychology & Behavior. 2008 Aug; 11(4): 475-479.

<http://search.ebscohost.com/login.aspx?direct=true&db=psyh&an=2008-12111-013&site=ehost-live>